| COVERALLS |  |  |
| :---: | :---: | :---: |
| SIZE | WAIST | CHEST |
| $34($ XS $)$ | $32.5-34$ | $39.5-41$ |
| 36 | $34.5-36$ | $41.5-43$ |
| $38($ SMALL $)$ | $36.5-38$ | $43.5-45$ |
| 40 | $38.5-40$ | $45.5-47$ |
| $42($ MEDIUM $)$ | $40.4-42$ | $47.5-49$ |
| 44 | $42.4-44$ | $49.5-51$ |
| $46($ LARGE $)$ | $44.5-46$ | $51.5-53$ |
| 48 | $46.5-48$ | $53.5-55$ |
| $50(\mathrm{XL})$ | $48.5-50$ | $55.5-57$ |
| 52 | $50.5-52$ | $57.5-59$ |
| $54(2 X L)$ | $52.5-54$ | $59.5-61$ |
| 56 | $54.5-56$ | $61.5-63$ |
| $58(3 X L)$ | $56.5-58$ | $63.5-65$ |
| 60 | $58.5-60$ | $65.5-67$ |
| $62(4 X L)$ | $60.5-62$ | $67.5-69$ |
| 64 | $62.5-64$ | $69.5-71$ |
| $66(5 X L)$ | $64.5-66$ | $71.5-73$ |
| 68 | $66.5-68$ | $73.5-75$ |
| $70(6 X L)$ | $68.5-70$ | $76.5-78$ |

All measurements are in inches.
Short: 5'3" to 5'7"
Regular: 5"7" to 5'11"
Long/Tall: 5'11"-6'3"

Long/Talls are 1 1/2" longer than regulars in the body, sleeve, and inseam
Sizing Tips:

1. Order the size where the measurement is the largest, usually the chest.
2. Order up 1-2 sizes, if undergarment clothes are being worn.
3. If your body measurement is close to the upper range, consider ordering up a size, if you are looking for a lose fit or will be wearing undergarments.

## Measuring Tips:

1. Hold tape snuggly, but not skin tight
2. For garments that will be worn with none or a thin layer of clothing underneath, make sure that you measure over comparable-weight clothing. This will help to give the most accurate measurements.
3. If possible, use measuring tape made out of fabric.
4. Look straight ahead while measuring, as movement can affect the measurement.
5. When measuring the waist, measure just above the hipbone at the natural waistline. Stand relaxed, not holding your stomach in (sorry!) to get the most accurate measurement.
6. When measuring the chest, measure around under the armpits where the largest area of the chest is.
